



## **Sulogna Gupta**

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*Sulogna is the Director-Operations with Mind Matrix Wellness Studio, with experience of over 15 years .Involved in training and providing learning solutions to business colleges and companies for over 13 years. A certified NLP master coach practitioner from ICTA (International Coach & Trainers Association) Cyprus, Denmark ,have been conducting soft skills, etiquette and behavioral trainings in companies like Franklin Templeton, Amazon, Wells Fargo, CA technologies, Dr.Reddy's, Granules India Pvt. Ltd, Sleepwell, Anthelio, Vega Technologies, TechnipFMC, I-telligence India, Hyundai, SaiLife and Villa Marie College. Have been involved in training staffs and students of management institutes like Indian School of Business (Hyd & Mohali) and Vignan Jyothi Institute of Management. Conducted Finishing School training on Image Enhancement Techniques for Hamstech, one of the leading finishing schools in Hyderabad. Have been a part of the learning and development team, working for British Gas in WNS Global Services, Pune. Actively involved in content development, continual up gradation of modules and customizing modules as per the needs of the participants. Sulogna has been a mentor and coach to many students, helping them realize and achieve their goals. Presently*

*working under the Mind Matrix banner whose mission is to inspire people worldwide to discover their innate abilities and expand their inner resources to become cosmic citizens. She is completely aligned with the company's endeavor to help people develop their capacities in Thinking, Emotions, Self-regulation, Physical, Interpersonal, and Spiritual and Moral domain to create Holistic Minds.*